



ALLERGEN INFORMATION GUIDE

THE ORANGERY TEA HOUSE ESHER ALLERGEN INFORMATION GUIDE

Here you'll find a list of all of the products sold in The Orangery Tea House Esher, with allergens listed along the top of the page for easy reference. If a product contains one of these ingredients, then you will find a tick in the corresponding box.

Please remember to check this guide and the ingredient label regularly as recipes do change from time to time - the last thing we want is for anyone being caught out by a new take on an old favourite.

We're proud to freshly prepare our food in our kitchen every day but as we use many ingredients and shared equipment, cross contact is managed but not to an allergen-free level. Therefore we can't guarantee any of our food is suitable for those with allergies due to the risk of cross contact.

Our vegan products are made to a vegan recipe but are not suitable for those with dairy and egg allergies.

In addition we also declare Pine Nuts as an allergen.

If you are interested in an ingredient outside the 15 listed below or if you have any trouble finding what you're looking for, just contact our team - restaurant_esher@theorangeryteahouse.co.uk



The Food Standards Agency regards the following ingredients and their derivatives as allergens:

Peanuts	Lupin	Cereals Containing Gluten	Milk
Sesame	Mustard	Celery & Celeriac	Molluscs
Crustaceans	Soya	Fish	Sulphur Dioxide
Eggs	Nuts		Pine Nuts

ALL DAY BREAKFAST | ALL DAY BRUNCH | PANCAKES

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CONTENTS KEY: Y (SUITABLE FOR) ✓ (PRODUCT CONTAINS)	VEGETARIAN	VEGAN	GLUTEN FREE	PEANUTS	ALMOND	BRAZIL NUT	CASHEW	HAZELNUT	MACADAMIA	PECAN	PISTACHIO	WALNUTS	PINE NUTS	SESAME SEEDS	RYE	CEREALS CONTAINING GLUTEN	FISH	CRUSTACEAN	MOLLUSCS	MILK	EGGS	CELERY & CELERIAC	LUPIN	MUSTARD	SOYA	SULPHUR DIOXIDE	
	ALL DAY BREAKFAST																										
FULL ENGLISH BREAKFAST																✓				✓	✓						✓
VEGETARIAN BREAKFAST	Y															✓				✓	✓						
FARMERS MARKET BREAKFAST																✓				✓	✓						✓
ALL DAY BRUNCH																											
CHOICE OF SOURDOUGH BREAD																✓											
CHOICE OF WHITE BREAD																✓										✓	
CHOICE OF BROWN BREAD																✓										✓	
EGGS BENEDICT																✓				✓	✓						
AVO ON TOAST	Y	Y												✓		✓											
EGGS, AVOCADO & BACON																✓					✓						✓
SCRAMBLED EGGS & SALMON														✓		✓				✓	✓						
PANCAKES																											
TOFFEE APPLE PANCAKES	Y															✓				✓	✓						
AMERICAN PANCAKES																✓				✓	✓						✓
BANANA & HONEY PANCAKES	Y						✓									✓				✓	✓						

SEASONAL SALADS | SOUP | SUNDAY ROAST | LUNCH

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	SEASONAL SALADS																										
CHICKEN CAESAR SALAD																✓				✓	✓				✓	✓	
GOAT'S CHEESE & BEETROOT SALAD	Y		Y								✓									✓							
PLOUGHMAN'S																✓				✓				✓			✓
SOUP																											
SOUP OF THE DAY																											
TRADITIONAL ROAST																											
ROAST BEEF																✓				✓	✓						
HONEY GLAZED ROAST GAMMON																✓				✓	✓						
CARROT WELLINGTON	Y	Y														✓											
CHILDREN'S ROAST GAMMON OR BEEF																✓				✓	✓						
MOTHER'S DAY SPECIALS																											
MUSHROOM RISOTTO	Y	Y	Y																								
HOME BAKED HAM, EGG & CHIPS			Y																			✓					
LEEK & MUSHROOM QUICHE	Y															✓				✓	✓						
CHICKEN MUSHROOM PUFF PIE																✓				✓	✓						
PESTO LEMON CHICKEN SALAD				✓			✓						✓								✓					✓	
SALMON AVOCADO RICE BOWL			Y											✓			✓									✓	

POKE BOWLS | CATCH OF THE DAY | GOURMET BURGERS

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	POKE BOWLS																										
TERIYAKI CHICKEN POKE BOWL														✓		✓										✓	
KOREAN BBQ BRISKET POKE BOWL														✓		✓					✓					✓	
CATCH OF THE DAY																											
FISH & CHIPS																✓	✓				✓						✓
SCAMPI & CHIPS																✓		✓			✓				✓		
HADDOCK & SPRING ONION FISH CAKES																✓	✓				✓				✓		
HAND BATTERED FISH FINGER SANDWICH																✓	✓				✓				✓		
GOURMET BURGERS																											
BACON & CHEESE BURGER																✓				✓	✓				✓		✓
BUTTERMILK CHICKEN BURGER																✓				✓	✓						
HALLOUMI BURGER	Y															✓				✓	✓						

DELI CLASSICS | CIABATTA RUSTICA | JACKET POTATOES

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	DELI CLASSICS																										
ORANGERY CLUB STACK																✓					✓			✓		✓	
ROAST BEEF & HORSERADISH BAGUETTE																✓				✓	✓			✓		✓	
SAUSAGE & RED ONION BAGUETTE																✓								✓		✓	
GRILLED VEGETABLE & MOZZARELLA FOCACCIA	Y						✓									✓				✓				✓			
CIABATTA RUSTICA																											
CHICKEN, CHORIZO, RED PEPPER & CHEESE																✓				✓				✓			
CHICKEN MAYONNAISE & BACON																✓					✓			✓		✓	
HONEY ROAST HAM & CHEDDAR																✓				✓				✓			
TUNA MAYONNAISE & CHEDDAR																✓	✓			✓	✓			✓			
JACKET POTATOES																											
BEANS	Y	Y	Y																						✓		
BEANS & CHEESE	Y		Y																	✓				✓			
TUNA & CHEESE			Y														✓			✓				✓			
BRIE & ROASTED VEGETABLES	Y		Y																	✓				✓			

LUNCH FOR LITTLE PEOPLE

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	LUNCH FOR LITTLE PEOPLE																										
CHILDREN'S BRUNCH																✓				✓	✓						✓
CHICKEN GOUJONS																✓											
HAND BATTERED FISH & CHIPS																✓	✓				✓						✓
SAUSAGE, CHIPS & BEANS																✓											✓
HAM, EGG & CHIPS			Y																		✓						
TOMATO PENNE PASTA	Y	Y	Y																								
GRATED CHEDDAR CHEESE	Y		Y																	✓							
PARMESAN CHEESE	Y		Y																	✓							